

EMERGENCY PHONE NUMBERS

POISON INFORMATION CENTRE (24 HRS)	0861 555 777
POLICE/FIRE	10111
NATIONWIDE AMBULANCE (PUBLIC EMS)	10177
NETCARE 911 (PRIVATE EMS)	082 911
ER 24 (PRIVATE EMS)	084 124
ANY EMERGENCY FROM A CELL PHONE	112 (toll-free)

EMERGENCY CONTACT:

Name

Relationship

Phone

MEDICAL AID

Medical Aid number

FAMILY DOCTOR/PAEDIATRICIAN:

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