

IV Therapy price list

Vitamin Energy Boost R 600

Vitamins C, B12 & BCo, and Magnesium

This boost bag contains a combination of energising vitamins and minerals at high concentrations.

Detox R 1200

PPC, Glutathione, Carnitine, NAC, ALA, L-Glutamine, Vitamins C, B12 & BCo, and Magnesium

Detoxify the liver; Powerful anti-oxidant; Restores cells membranes.

Immune Boost R 1000

Glutathione, High dose Vitamin C, Vitamins B12 & BCo, and Magnesium

High dosage Vitamin C; Strengthens the immune system; Helps the body fight infection; Energy boost.

Mood & Brain Boost R 1000

PPC, ALA, Zinc, Taurine, Folic acid, Vitamins C, B12 & BCo, and Magnesium

For those brain fog, forgetful weeks where your cognitive powers have started letting you down. Improving oxidative stress, increasing neurotransmitters and enabling your brain to detoxify and work optimally.

Gut Health R 900

Glutathione, L-Glutamine, Dexpanthenol, Vitamins C, B12 & BCo, and Magnesium

Assists with bowel inflammation and gut integrity. The intestinal tract plays an important role in so many processes in our body including elimination of waste products, immune function, digestion and absorption of nutrients.

Skin Radiance R 1000

Glutathione, ALA, Zinc, Vitamins C, B12 & BCo, and Magnesium

Increase collagen production; Powerful anti-oxidant; Create new skin elasticity; Skin brightening effect.

Skin Radiance - delux R 1200

Dexpanthenol, Glutathione, ALA, Trace elements, Vitamins C, B12 & BCo, and Magnesium

Hydroboost R 350

Soothing sodium chloride (saline), electrolytes

This one is perfectly suited to pregnant and breastfeeding ladies, as it contains no vitamins – only soothing sodium chloride (saline) and electrolytes to aid rehydration.

Performance R 1200

PPC, Glutathione, Carnitine, NAC, Arginine, L-Glutamine, Vitamins C, B12 & BCo, and Magnesium

Energy boost; Speeds up recovery; Detoxify the liver; Anti-inflammatory.

Hangover R 850

Glutathione, Vitamins C, B12 & BCo, and Magnesium

Detoxify the liver; Corrects alcohol induced dehydration; Reduces headache.

Upgrade to 1 litre normal saline R 1000

NAD+ R 1650

NAD is a coenzyme that powers metabolic processes and impacts a wide variety of systems including digestion, cognition and mental clarity, aging & overall energy levels. NAD increases your body's levels of serotonin, a neurotransmitter associated with mood regulation & can improve symptoms of depression and anxiety. Slow the aging process. Restore the appearance of the skin and reduce wrinkles. Improve brain health and neurological function. Improve mental clarity. Reduce overall fatigue.

2 hours minimum
1 litre of fluids

How long does an IV treatment take?

15- 20 mins for 200 ml saline + 45 mins for 1 L saline

add one or more

+ add PhosphatidylCholine R 210

Heals and renews cell membranes and offers liver, energy and fatigue support.

+ add Glutathione R 210

A powerful anti-oxidant that has many benefits like: Skin-brightening, liver detoxification, anti-ageing effects and immune system boosting.

+ add Alpha Lipoic Acid R 210

An anti-oxidant used in diabetes and nerve related symptoms, memory loss, chronic fatigue syndrome, liver and cardiovascular disease.

+ add Dexpanthenol R 160

Dexpanthenol is vital for the metabolism of proteins, carbohydrates & fats. It has compelling anti-inflammatory properties and is beneficial for individuals who wish to support the body's digestive processes or relieve pre-existing issues. Regular supplementation of Dexpanthenol can assist various metabolic processes within the body and bolster energy levels, improving the individual's ability to cope with a busy & active lifestyle. Improves skin, hair and nail health.

+ add Methylcobalamin R 150

Neuro-active Vitamin B12 that gives a surge of mental energy.

+ add Lysine R 160

Lysine is an essential amino acid and a key building block for collagen production. Helps reduce stress & cortisol levels and improves calcium absorption. Improves wound healing by promoting the growth of collagen to build healthy skin and tissue. Lysine is commonly used to prevent & suppress cold sore outbreaks.

+ add L-Glutamine R 120

One of the most important amino-acids for both athletes and people with inflammatory bowel issues. L-Glutamine helps your body produce more proteins and human growth hormone increasing strength, stamina and muscle building potential. Known to increase energy during exercise and improve one's metabolism. Also beneficial for patients who underwent major surgery or suffered critical illness to speed up recovery.

+ add Carnitine R 125

Carnitine plays an essential role in important energy metabolism pathways in skeletal muscle which are important in delaying muscular fatigue and generating more energy during athletic performance.

+ add Acetylcystine (NAC) R 160

NAC is necessary to make and replenish glutathione - your body's most powerful antioxidant. NAC plays an important role in your body's detoxification process and can prevent or reduce kidney and liver damage. NAC regulates glutamate levels in your brain & may alleviate symptoms of mental health conditions. NAC's antioxidant capacity can improve lung function by decreasing inflammation and mucus. NAC may help improve fertility in men by reducing oxidative stress that damages and kills reproductive cells. It may aid fertility in women with PCOS. By decreasing inflammation in fat tissue, NAC reduces insulin resistance and improves blood sugar regulation.

add an additional boost to your IV Therapy of choice. add one or more...

other services

for Children



Preventive Care



Acute Care



Specialised Care



Wellness Programs

for Women



Health Tests and Screening



Pre-conceptual Consultations and Prenatal Care



Post-natal Care



Gynecological Care



Family Planning



Mental Health Care

Medical Procedures



Removal/biopsy of Skin Lesions



Cryotherapy



Sutures for Trauma



Incision and Drainage



IV Therapy

KIDS & FAMILY
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Saturday: 09h00 - 12h00

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